

JANUARY

2019



I'm **ORANGE STAR**

GOOD EATS AT

Clint Head Start
3-5 yrs.
Half Day Menu

SPECIAL ANNOUNCEMENTS

January 1st - 4th
Winter Vacation

January 21st
Martin Luther King Jr.
No School

January 24th
Birthday Celebration

M	T	W	TH	F
<p>Winter Vacation January 1st - 4th</p>				
<p><u>Fresh-Diced Honeydew/(A)Milk</u> Beef Teriyaki Glazed Dippers Cooked Carrots Seasoned Brown Rice Diced Peaches (A)Milk <u>Fresh Diced Honeydew/ (A)Milk</u></p>	<p><u>Diced Pears/(A)Milk</u> Bean & Cheese Burrito Spiced Green Beans Mixed Fruit (A)Milk <u>Diced Pears/(A)Milk</u></p>	<p><u>Pineapple Tidbits/(A)Milk</u> Turkey Ham & Cheese Pizza Sweet Potato Fries Fresh Apple Slices (A) Milk <u>Pineapple Tidbits/(A)Milk</u></p>	<p><u>WG Cheddar Cheez-It/Apple Juice</u> Grilled Cheeseburger Five Way Mixed Vegetables Fresh-Diced Watermelon (A)Milk <u>WG Cheddar Cheez-It Apple Juice</u></p>	<p><u>Rice Krispies Cereal Bowl/(A)Milk</u> Seasoned Chicken & Noodles WW Roll Seasoned Refried Beans Mixed Fruit (A)Milk <u>Rice Krispies Cereal Bowl/ (A)Milk</u></p>
<p><u>Cheese Stick/(A)Milk</u> Creamy Macaroni & Cheese Green Beans Pineapple Tidbits (A)Milk <u>Cheese Stick/(A)Milk</u></p>	<p><u>Fresh Banana Slices/(A)Milk</u> Crispy Fish Nuggets Steamed Cauliflower Fresh-Diced Honeydew (A)Milk <u>Fresh Banana Slices/(A)Milk</u></p>	<p><u>Mandarin Oranges/(A)Milk</u> Cheesy Chicken Patty Sandwich Steamed Carrots Fresh Banana Slices (A)Milk <u>Mandarin Oranges/(A)Milk</u></p>	<p><u>Rice Chex Cereal/ (A)Milk</u> WG Popcorn Chicken Seasoned Mashed Potatoes Pineapple Tidbits (A) Milk <u>Rice Chex Cereal/ (A)Milk</u></p>	<p><u>WG Cheddar Goldfish/(A)Milk</u> Spaghetti w/ Meat Sauce Steamed Mixed Vegetables Mandarin Oranges (A) Milk <u>WG Cheddar Goldfish/ (A)Milk</u></p>
<p>Martin Luther King Jr.</p>	<p><u>WG Cinnamon French Toast (A)Milk</u> Turkey Pepperoni Pizza Fries Diced Peaches (A)Milk <u>WG Cinnamon French Toast (A)Milk</u></p>	<p><u>Mandarin Oranges/(A)Milk</u> Cheesy Chicken Patty Sandwich Steamed Carrots Fresh Banana Slices (A)Milk <u>Mandarin Oranges/(A)Milk</u></p>	<p>Birthday Celebration Muffin / (A)Milk Crispy Chicken Nuggets Green Beans Fresh-Diced Cantaloupe (A)Milk Muffin / (A) Milk</p>	<p><u>Cinnamon Toast Crunch Cereal (A)Milk</u> Orange Chicken w/ Rice California Blend Vegetables Diced Peaches/(A)Milk <u>Cinnamon Toast Crunch Cereal (A)Milk</u></p>
<p><u>Diced Peaches/(A)Milk</u> Crispy Baja Fish Strips Steamed Carrots Mixed Fruit (A)Milk <u>Diced Peaches/(A)Milk</u></p>	<p><u>WG Cinnamon French Toast (A)Milk</u> Cheesy Beef Flour Tacos Peppered Broccoli Florets Diced Peaches (A)Milk <u>WG Cinnamon French Toast (A)Milk</u></p>	<p><u>Fresh-Diced Honeydew/(A)Milk</u> BBQ Beef Sandwich Seasoned Mashed Potatoes Mandarin Oranges (A)Milk <u>Fresh Diced Honeydew/ (A)Milk</u></p>	<p><u>Fruit Cocktail/(A)Milk</u> Grilled Cheeseburger (Mayonnaise Packet) Seasoned Potato Wedges Fresh Banana Slices (A)Milk <u>Fruit Cocktail/(A)Milk</u></p>	

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ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

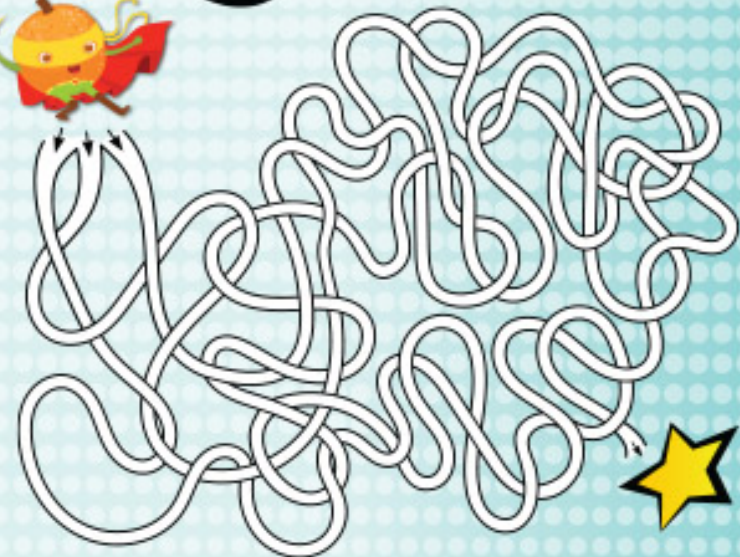


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agriflife Extension

Answer: Path #3