

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

**Clint
EHS
1-2 yrs.
Full Day
Menu**

**SPECIAL
ANNOUNCEMENTS**

**January 1st - 4th
Winter Vacation**

**January 21st
Martin Luther King Jr.
No School**

**January 24th
Birthday Celebration**

M	T	W	TH	F
1	2	3	4	

**Winter
Vacation**
January 1st - 4th

Cinnamon Chex Cereal
Crushed Pineapple/(A)Milk
Beef Teriyaki Glazed Dippers
Cooked Carrots
Seasoned Brown Rice
Diced Peaches
(A)Milk
Fresh-Diced Honeydew/(A)Milk

Mini Waffles/Diced
Cantaloupe/(A)Milk
Bean & Cheese Burrito
Spiced Green Beans
Mixed Fruit
(A)Milk
Diced Pear/(A)Milk

Turkey Sausage Pizza/Mandarin
Oranges/(A)Milk
Turkey Ham & Cheese Pizza
Sweet Potato Fries
Canned Diced Apple Slices
(A) Milk
Crushed Pineapple/(A)Milk

Mini French Toast/Diced
Peaches/(A)Milk
Grilled Cheeseburger
Five Way Mixed Vegetables
Fresh-Diced Watermelon
(A)Milk
WG Cheddar Cheez-It
Apple Juice

Cheerios Cereal Bowl/Diced
Pears/(A)Milk
BBQ Beef Dipper Sandwich
Refried Beans
Mixed Fruit
(A)Milk
Rice Krispies Cereal Bowl
(A)Milk

Cinnamon Toast Crunch Cereal
Diced Watermelon/(A)Milk
Creamy Macaroni & Cheese
Green Beans
Crushed Pineapple
(A)Milk
Cheese Stick/(A)Milk

WG Banana Loaf/Mixed
Fruit/(A)Milk
Crispy Fish Nuggets
Steamed Cauliflower
Diced Pear
(A)Milk
Fresh Banana Slices/
(A)Milk

Mini Pancakes/Diced
Honeydew/(A)Milk
**Cheesy Chicken Patty
Sandwich**
Steamed Carrots
Fresh Banana Slices
(A)Milk
Mandarin Oranges/(A)Milk

Cinnamon Oatmeal/Fresh
Banana Slices/(A)Milk
WG Popcorn Chicken
Seasoned Mashed Potatoes
Crushed Pineapple
(A) Milk
Rice Chex Cereal/(A)Milk

WG Banana Loaf/Diced
Pear/(A)Milk
Spaghetti w/ Meat Sauce
Steamed Mixed Vegetables
Mandarin Oranges
(A) Milk
WG Cheddar Goldfish/(A)Milk

**Martin Luther
King Jr.**

Bean/Cheese Burrito/Mandarin
Oranges/(A)Milk
Turkey Pepperoni Pizza
Fries
Diced Pears
(A)Milk
WG Cinnamon French
Toast/(A)Milk

Mini Pancakes/Diced
Honeydew/(A)Milk
Hamburger
Steamed Carrots
Fresh Banana Slices
(A)Milk
Mandarin Oranges/(A)Milk

Cheerios Cereal Bowl/Fresh
Banana Slices / (A)Milk
Crispy Chicken Nuggets
Green Beans
Diced Pear
(A)Milk
Birthday Celebration
Muffin / (A)Milk

Sweet Potato Chocolate Chip
Muffin/Diced Watermelon/(A)Milk
Orange Chicken w/ Rice
California Blend Vegetables
Diced Peaches
(A)Milk
Cinnamon Toast Crunch Cereal
(A)Milk

Cinnamon French Toast
Mixed Fruit/(A)Milk
Crispy Baja Fish Strips
Steamed Carrots
Mixed Fruit
(A)Milk
Diced Peaches/(A)Milk

Bean/Cheese Burrito/Mandarins
(A)Milk
Grilled Cheese Sandwich
Cooked Broccoli Florets
Diced Pear
(A)Milk
WG Cinnamon French Toast
(A)Milk

Turkey Sausage Pizza/Fresh
Diced Honeydew/(A)Milk
BBQ Beef Sandwich
Steamed Cauliflower
Crushed Pineapple
(A)Milk
Fresh Diced Honeydew/(A)Milk

Cheerios Cereal Bowl/Fresh
Banana Slices/(A)Milk
Grilled Cheeseburger
(Mayonnaise Packet)
Seasoned Potato Wedges
Fresh Banana Slices
(A)Milk
Fruit Cocktail/(A)Milk

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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

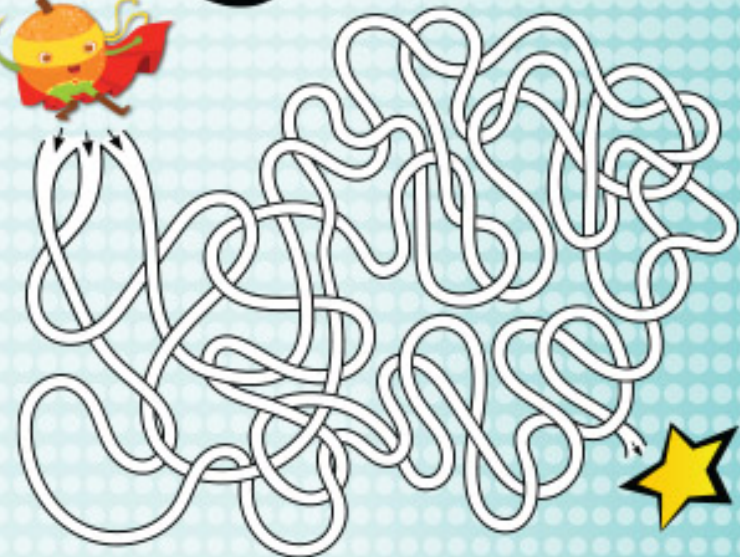


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agriflife Extension

Answer: Path #3